



Psychotherapy.net Video Streaming

Exclusive Collection

List of Videos as of 06/14/23; Collection will grow as new titles are added

Note: Video series are listed first, followed by single titles.

Series Name	Name	Therapist	Time (hh:mm)	ID#
3 Approaches to Personality Disorders	CBT for Personality Disorders	Arthur Freeman, EdD	2:46	293
3 Approaches to Personality Disorders	Dialectical Behavior Therapy	Marsha Linehan, PhD	1:48	225
3 Approaches to Personality Disorders	Psychoanalytic Psychotherapy	Otto Kernberg, MD	4:16	264
ACT in Action	Cognitive Defusion	Steven Hayes, PhD	2:04	236
ACT in Action	Control and Acceptance	Steven Hayes, PhD	1:44	237
ACT in Action	Facing the Struggle	Steven Hayes, PhD	1:57	238
ACT in Action	Mindfulness, Self, and Contact with the Present Moment	Steven Hayes, PhD	1:46	239
ACT in Action	Psychological Flexibility	Steven Hayes, PhD	2:00	240
ACT in Action	Values and Action	Steven Hayes, PhD	1:39	241
Assessment and Intervention with Suicidal Clients	Assessment and Intervention with Suicidal Clients Volume 1	John Sommers-Flanagan, PhD	3:34	414
Assessment and Intervention with Suicidal Clients	Assessment and Intervention with Suicidal Clients Volume 2	John Sommers-Flanagan, PhD	2:17	415
Assessment and Intervention with Suicidal Clients	Assessment and Intervention with Suicidal Clients Volume 3	John Sommers-Flanagan, PhD	2:04	416
Counseling African American Men	Counseling African American Men, Volume 1: Developing Cultural Competency	Darrick Tovar-Murray, PhD	2:49	446
Counseling African American Men	Counseling African American Men, Volume 2: Anger and Identity	Darrick Tovar-Murray, PhD	2:57	447
Counseling African American Men	Counseling African American Men, Volume 3: A Complete Course of Therapy	Darrick Tovar-Murray, PhD	3:26	448
Couples Therapy with the Experts	Behavioral Couples Therapy	Richard Stuart, DSW	1:56	126
Couples Therapy with the Experts	Strategic Couples Therapy	James Coyne, PhD	1:57	266
DBT with Suicidal Clients	Dialectical Behavior Therapy with Suicidal Clients Vol. 1	Marsha Linehan, PhD	1:26	378
DBT with Suicidal Clients	Dialectical Behavior Therapy with Suicidal Clients Vol. 2	Marsha Linehan, PhD	1:28	379
EFT Masterclass: Advanced Topics in Couples Counseling	EFT Masterclass Volume 1: Sexual Issues	Jeff Hickey, LCSW and Lisa Palmer-Olsen, PsyD	1:53	426
EFT Masterclass: Advanced Topics in Couples Counseling	EFT Masterclass Volume 2: Addiction	Jeff Hickey, LCSW and Michael Barnett, MA, LPC	1:44	427
EFT Masterclass: Advanced Topics in Couples Counseling	EFT Masterclass Volume 3: Porn Addiction	Michael Barnett, MA, LPC	1:37	428
EFT Masterclass: Advanced Topics in Couples Counseling	EFT Masterclass Volume 4: Grief and Loss	Leanne Campbell, PhD	1:11	429
Emotionally Focused Therapy Step by Step	Core Concepts and Interventions in EFT	Rebecca Jorgensen, PhD	2:58	382
Emotionally Focused Therapy Step by Step	EFT Stage 1: Reaching De-escalation	Rebecca Jorgensen, PhD	2:30	383
Emotionally Focused Therapy Step by Step	EFT Stages 2 - 3: Deepening Engagement & Consolidation	Rebecca Jorgensen, PhD	2:45	384
Emotionally Focused Therapy Step by Step	Impasses and Challenges in EFT	Rebecca Jorgensen, PhD	2:52	385



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Series Name	Name	Therapist	Time (hh:mm)	ID#
Emotionally Focused Therapy: A Complete Treatment	EFT Part 1 (Sessions 1-3)	Rebecca Jorgensen, PhD	4:28	261
Emotionally Focused Therapy: A Complete Treatment	EFT Part 2 (Sessions 4-6)	Rebecca Jorgensen, PhD	4:19	262
Emotionally Focused Therapy: A Complete Treatment	EFT Part 3 (Sessions 7-10)	Rebecca Jorgensen, PhD	5:03	263
Evidence-Based Treatment Planning	Evidence-Based Psychotherapy Treatment Planning	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	0:29	296
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Anger Control Problems	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:08	282
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Bipolar Disorder	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:18	284
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Depression	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	0:53	279
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Disruptive Child and Adolescent Behavior	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:03	290
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Eating Disorders and Obesity	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:20	285
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Generalized Anxiety Disorder	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:07	297
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Obsessive Compulsive Disorder	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:04	291
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Panic Disorder	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	0:58	280
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Post-Traumatic Stress Disorder	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:13	287
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Social Anxiety Disorder	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	0:56	286
Evidence-Based Treatment Planning	Evidence-Based Treatment Planning for Substance Use Disorders	Timothy Bruce, PhD and Arthur Jongsma, Jr., PhD	1:14	292
Explaining PTSD & The Counting Method	Explaining PTSD: Lessons for Mental Health Professional	Frank Ochberg, MD and Angelea Panos, PhD	0:24	098
Explaining PTSD & The Counting Method	The Counting Method: A Treatment Technique for PTSD	Frank Ochberg, MD	0:25	099
Family Therapy with the Experts	Adlerian Family Therapy	James Bitter, EdD	1:57	175
Family Therapy with the Experts	Bowenian Family Therapy	Philip Guerin, MD	1:59	267
Family Therapy with the Experts	Empowerment Family Therapy	Frank Pittman, MD	1:55	179
Family Therapy with the Experts	Integrative Family Therapy	Kenneth V. Hardy, PhD	1:58	176
Family Therapy with the Experts	Narrative Family Therapy	Stephen Madigan, PhD	1:52	177
Family Therapy with the Experts	Object-Relations Family Therapy	David Scharff & Jill Savege Scharff, MD	1:57	168
Family Therapy with the Experts	Satir Family Therapy	Jean McLendon, LCSW, LMFT	1:45	162
Family Therapy with the Experts	Solution-Oriented Family Therapy	Bill O'Hanlon, LMFT	1:59	166
Family Therapy with the Experts	Structural Family Therapy	Harry Aponte, LCSW	1:56	129



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Series Name	Name	Therapist	Time (hh:mm)	ID#
Family Therapy with the Experts	Value-Sensitive Therapy	Bill Doherty, PhD	1:55	167
Irvin Yalom and the Art of Psychotherapy	Irvin Yalom in Session: Eugenia	Irvin Yalom, MD	2:13	399
Irvin Yalom and the Art of Psychotherapy	Irvin Yalom in Session: Gareth	Irvin Yalom, MD	0:56	397
Irvin Yalom and the Art of Psychotherapy	Irvin Yalom in Session: Luke	Irvin Yalom, MD	1:01	398
Irvin Yalom and the Art of Psychotherapy	Irvin Yalom: Foundations of My Life and Work	Irvin Yalom, MD and Victor Yalom, PhD	3:23	396
Legal and Ethical Issues for Mental Health Professionals: Revised 2020	Legal & Ethical Issues for Mental Health Professionals, Volume 1: Revised 2020	Stephen Feldman, JD, PhD	3:25	058
Legal and Ethical Issues for Mental Health Professionals: Revised 2020	Legal & Ethical Issues for Mental Health Professionals, Volume 2: Revised 2020	Stephen Feldman, JD, PhD	3:35	120
Mental Health in Hospitals and Treatment Centers	Conducting a Mental Status Examination	Brad Hagen, PhD, RN	0:24	304
Mental Health in Hospitals and Treatment Centers	Managing Aggression and Delusions	Brad Hagen, PhD, RN	0:25	301
Mental Health in Hospitals and Treatment Centers	Managing Dementia and Anxiety	Brad Hagen, PhD, RN	0:25	303
Mental Health in Hospitals and Treatment Centers	Managing Depression	Brad Hagen, PhD, RN	0:22	300
Mental Health in Hospitals and Treatment Centers	Managing Mania	Brad Hagen, PhD, RN	0:22	302
Meth Inside Out	Meth Inside Out: I. Human Impact	UCLA & Eyes of the World Media Group	0:33	245
Meth Inside Out	Meth Inside Out: II. Brain & Behavior	UCLA & Eyes of the World Media Group	0:34	244
Meth Inside Out	Meth Inside Out: III. Windows to Recovery	UCLA & Eyes of the World Media Group	0:41	246
Mindfulness-Based Relapse Prevention for Addictions	Mindfulness-Based Relapse Prevention for Addictions: Volume I	Devin Ashwood	1:09	326
Mindfulness-Based Relapse Prevention for Addictions	Mindfulness-Based Relapse Prevention for Addictions: Volume II	Devin Ashwood	2:05	327
Motivational Interviewing Step by Step	Building Confidence in Motivational Interviewing	Cathy Cole, LCSW	1:57	209
Motivational Interviewing Step by Step	Core Concepts of Motivational Interviewing	Cathy Cole, LCSW	2:16	206
Motivational Interviewing Step by Step	Increasing Importance in Motivational Interviewing	Cathy Cole, LCSW	2:04	207
Motivational Interviewing Step by Step	Resolving Ambivalence in Motivational Interviewing	Cathy Cole, LCSW	1:42	208
Motivational Interviewing with Adolescents	Motivational Interviewing for Adolescent Health Behavior	Cathy Cole, LCSW	3:06	392
Motivational Interviewing with Adolescents	Motivational Interviewing for Adolescent Substance Use	Sebastian Kaplan, PhD, & Ali Hall, JD	2:19	394
Motivational Interviewing with Adolescents	Motivational Interviewing in Juvenile Justice Settings	Ali Hall, JD	2:36	393



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Series Name	Name	Therapist	Time (hh:mm)	ID#
Motivational Interviewing with Adolescents	Motivational Interviewing with Adolescents: Core Concepts	Sebastian Kaplan, PhD	2:56	391
Perspectives in Behavior Therapy	Alan Marlatt on Harm Reduction for Substance Abuse	G. Alan Marlatt, PhD	1:11	255
Perspectives in Behavior Therapy	Albert Bandura on Behavior Therapy, Self Efficacy & Modeling	Albert Bandura, PhD	0:54	269
Perspectives in Behavior Therapy	Arnold Lazarus on Multimodal Therapy	Arnold Lazarus, PhD	0:26	256
Perspectives in Behavior Therapy	David Barlow on Treating Anxiety Disorders	David Barlow, PhD	1:09	270
Perspectives in Behavior Therapy	Donald Meichenbaum on Cognitive-Behavioral Therapy	Donald Meichenbaum, PhD	0:48	254
Perspectives in Behavior Therapy	Hans Eysenck on Behavior Therapy	Hans Eysenck, PhD	0:50	257
Perspectives in Behavior Therapy	Joseph Wolpe on Systematic Desensitization	Joseph Wolpe, MD	0:58	272
Perspectives in Behavior Therapy	Sidney Bijou on Behavioral Child Therapy	Sidney Bijou, PhD	1:05	271
Psychotherapy Essentials To Go	Achieving Psychotherapy Effectiveness	Molyn Leszcz, Clare Pain and Jon Hunter	1:33	372
Psychotherapy Essentials To Go	Cognitive Behavioral Therapy for Anxiety	Mark Fefergrad and Peggy Richter	1:02	376
Psychotherapy Essentials To Go	Cognitive Behavioral Therapy for Depression	Ari Zaretsky and Mark Fefergrad	1:05	373
Psychotherapy Essentials To Go	Dialectical Behavior Therapy Techniques for Emotional Dysregulation	Shelley McMain, PhD and Carmen Wiebe, MD	1:01	371
Psychotherapy Essentials To Go	Interpersonal Psychotherapy for Depression	Paula Ravitz, Priya Watson and Sophie Grigoriadis	0:58	374
Psychotherapy Essentials To Go	Motivational Interviewing for Concurrent Disorders	Wayne Skinner and Clive Chamberlain	1:01	375
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 1: Historical Perspectives	Ron Scott, PhD (Series Producer)	0:41	023
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 2: Individual Assessment and Psychotherapy	Ron Scott, PhD (Series Producer)	0:49	024
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 3: Relationships, Families and Couples Counseling	Ron Scott, PhD (Series Producer)	0:37	025
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 4: The Coming Out Process	Ron Scott, PhD (Series Producer)	0:39	026
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 5: The Bisexual Experience	Ron Scott, PhD (Series Producer)	0:53	027
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 6: Diversity and Multiple Identities	Ron Scott, PhD (Series Producer)	0:51	028
Psychotherapy with Gay, Lesbian and Bisexual Clients	Psychotherapy with Gay, Lesbian and Bisexual Clients 7: Sexual Minority Adolescents	Ron Scott, PhD (Series Producer)	0:49	029
Strategic Treatment of Anxiety Disorders, Accelerated Treatment for Anxiety, Panic and Phobias	Accelerated Treatment for Anxiety: Core Concepts	Reid Wilson, PhD	1:41	289



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Series Name	Name	Therapist	Time (hh:mm)	ID#
Strategic Treatment of Anxiety Disorders, Accelerated Treatment for Anxiety, Panic and Phobias	Cognitive Therapy for Panic Disorder	Reid Wilson, PhD	1:08	226
Strategic Treatment of Anxiety Disorders, Accelerated Treatment for Anxiety, Panic and Phobias	Exposure Therapy for Phobias	Reid Wilson, PhD	2:57	215
Strategic Treatment of Anxiety Disorders, Advanced Cognitive Behavioral Interventions for OCD	Cognitive Therapy for Obsessions	Reid Wilson, PhD	2:44	216
Strategic Treatment of Anxiety Disorders, Advanced Cognitive Behavioral Interventions for OCD	Engaging the Ambivalent OCD Client	Reid Wilson, PhD	3:04	252
Strategic Treatment of Anxiety Disorders, Advanced Cognitive Behavioral Interventions for OCD	Treating the Severe OCD Client	Reid Wilson, PhD	2:43	253
The 7 Skills for Addiction-Free Living	The 7 Skills for Addiction-Free Living: Alternatives to Substance Abuse	Robert Meyers, PhD & Jane Ellen Smith, PhD	1:53	191
The 7 Skills for Addiction-Free Living	The 7 Skills for Addiction-Free Living: Assertiveness	Robert Alberti, PhD	1:50	192
The 7 Skills for Addiction-Free Living	The 7 Skills for Addiction-Free Living: Behavioral Self-Control	Reid Hester, PhD	1:52	193
The 7 Skills for Addiction-Free Living	The 7 Skills for Addiction-Free Living: Managing Emotions	Peter Palanca, MA	1:55	194
The 7 Skills for Addiction-Free Living	The 7 Skills for Addiction-Free Living: Problem Solving	Terrence Real, MSW	1:54	198
The 7 Skills for Addiction-Free Living	The 7 Skills for Addiction-Free Living: Social Skills	Lorraine Collins, PhD	1:51	199
The 7 Skills for Addiction-Free Living	The 7 Skills for Addiction-Free Living: Stress Management	Jon Carlson, PsyD and Judy Lewis, PhD	1:55	200
The Archetypal Psychology and Psychotherapy Series	James Hillman on Archetypal Psychotherapy	James Hillman, PhD	1:08	159
The Archetypal Psychology and Psychotherapy Series	James Hillman on the Soulless Society	James Hillman, PhD	1:03	160
The DSM-5 and Psychodiagnostic Interviewing	Diagnosing Anorexia, Schizophrenia and Borderline Personality Disorder	Jason Buckles, PhD	2:25	404
The DSM-5 and Psychodiagnostic Interviewing	Diagnosing Depressive, Bipolar, and Alcohol Use Disorders	Jason Buckles, PhD	3:02	403
The DSM-5 and Psychodiagnostic Interviewing	Diagnosing PTSD, Adjustment, Generalized Anxiety and Panic Disorders	Jason Buckles, PhD	2:21	402
The DSM-5 and Psychodiagnostic Interviewing	Psychiatric Diagnosis and Interviewing	Jason Buckles, PhD	2:00	401
The Otto Kernberg Series	Otto Kernberg: Live Case Consultation	Otto Kernberg, MD	2:27	164
The Otto Kernberg Series	Psychoanalytic Psychotherapy for Personality Disorders: An Interview with Otto Kernberg, MD	Otto Kernberg, MD	1:34	163
The Virginia Satir Series	A Family at the Point of Growth	Virginia Satir	1:00	233
The Virginia Satir Series	A Step Along the Way: A Family with a Drug Problem	Virginia Satir	0:59	310



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Series Name	Name	Therapist	Time (hh:mm)	ID#
The Virginia Satir Series	Blended Family with a Troubled Boy	Virginia Satir	1:10	231
The Virginia Satir Series	Of Rocks and Flowers: Dealing with the Abuse of Children	Virginia Satir	1:02	232
The Virginia Satir Series	The Essence of Change	Virginia Satir	0:58	235
The Voices of Violence Series	Effective Treatment of Violent Individuals	The Glendon Association	0:57	183
The Voices of Violence Series	The Roots of Violence	The Glendon Association	0:58	182
Using Family Systems Theory in Psychotherapy	Assessment and Engagement in Family Therapy	Monica McGoldrick, LCSW, PhD	4:05	387
Using Family Systems Theory in Psychotherapy	Couples Therapy: A Family Systems Approach	Monica McGoldrick, LCSW, PhD	2:27	412
Using Family Systems Theory in Psychotherapy	Harnessing the Power of Genograms in Psychotherapy	Monica McGoldrick, LCSW, PhD	1:54	219
	A Couple in Crisis: Creating Rapid Change With EFT	Scott Woolley, PhD	1:27	464
	A House Divided: Structural Therapy with a Black Family	Harry Aponte, LCSW	1:05	228
	A Paradoxical Intervention for Panic Disorder	Reid Wilson, PhD	0:18	435
	Aaron Beck on Cognitive Therapy	Aaron Beck, MD	0:56	213
	Action Methods in Couples Therapy	Daniel Wiener, PhD	1:41	186
	Albert Bandura: From Laboratory to World Stage	Albert Bandura, PhD	2:18	420
	Albert Ellis on REBT	Albert Ellis, PhD	1:48	212
	Anger Management in Counseling and Psychotherapy	Howard Kassinove, PhD and Raymond Chip Tafrate, PhD	2:50	283
	Anorexia: What Therapists and Parents Need to Know	Lisa Sabey and Robert Blair	0:40	386
	Art Therapy Has Many Faces	Judith Aron Rubin, PhD	0:50	117
	Assessment & Psychological Treatment of Bipolar Disorder	Kay Redfield Jamison, PhD	0:52	169
	Bessel van der Kolk on Understanding Trauma	Bessel van der Kolk, MD	1:14	408
	Breaking the Code of Romantic Love	Sue Johnson, EdD	1:12	410
	Brief Psychoeducation for Chronic Pain	Ronald D. Siegel, PsyD	0:06	433
	Building a Successful Career in Counseling and Psychotherapy	Sherry Smith, PhD & Susan Smith, LPC	0:42	313
	Building Alliance with Defensive, Angry Clients: Part 1	Molyn Leszcz, MD	0:15	437
	Building Alliance with Defensive, Angry Clients: Part 2	Molyn Leszcz, MD	0:12	438
	Career Counseling in Action: Tools and Techniques	Spencer G. Niles, EdD and Norman Amundson, PhD	1:57	317
	Carl Rogers and the Person-Centered Approach	Carl Rogers, PhD	1:05	274



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	Carl Rogers on Person-Centered Therapy	Natalie Rogers, PhD and Carl Rogers, PhD	1:11	204
	Child Therapy Case Consultation	Violet Oaklander, PhD	1:48	188
	Child Therapy: Tools, Toys and Techniques	Paris Goodyear-Brown, Scott Riviere and Janine Shelby, PhD	1:04	422
	Children of the Camps: The Documentary	Satsuki Ina, PhD	0:57	118
	Clinical Interviewing: Intake, Assessment & Therapeutic Alliance	John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD	2:08	276
	Cognitive Behavioral Perspective on Aggression: An Interview with Dr. Donald Meichenbaum	Donald Meichenbaum, PhD	0:33	223
	Cognitive Therapy for Weight Loss: A Coaching Session	Judith Beck, PhD	1:16	124
	Conducting an Effective Mental Status Exam	John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD	0:22	440
	Confronting Death and Other Existential Issues in Psychotherapy	Irvin Yalom, MD	1:31	171
	Consultation: Creating School Based Interventions	Jon Carlson and Don Dinkmeyer, Jr.	1:51	316
	Counseling Adolescents: Exploring Intersections of Race and Sexuality	Sam Steen, PhD	1:29	463
	Counseling and Psychotherapy Theories in Context and Practice	John Sommers-Flanagan, PhD & Rita Sommers-Flanagan, PhD	4:25	277
	Creative Healing in Mental Health	Judith Rubin, PhD & Eleanor Irwin, PhD	0:50	181
	Crisis Counseling: 7 Steps to Effective Intervention	Derrick Paladino, PhD	2:00	465
	Culturally Sensitive Counseling with Latinos	Patricia Arredondo, EdD	1:17	409
	Dan Siegel on Interpersonal Neurobiology	Dan Siegel, MD	1:36	407
	De-Escalating Anger in Couples Therapy	Rebecca Jorgensen, PhD	0:21	458
	Effectively Intervening with Violent Behavior: An Interview with Dr. Peter Fonagy	Peter Fonagy, PhD	1:06	224
	Emotionally Focused Therapy in Action	Sue Johnson, EdD	3:36	178
	Emotionally Focused Therapy with Same-Sex Couples	Sue Johnson, EdD	3:40	278
	Empowering Adults with Developmental Disabilities: A Creative Arts Therapies Approach	Stephen Snow, PhD	0:43	273
	Erving Polster on Gestalt Therapy	Erving Polster, PhD	1:00	187
	Experiential Family Therapy	Carl Whitaker, MD	1:27	248
	Experiential Techniques for Deepening Inner Exploration: Part 1	Victor Yalom, PhD	0:26	454



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	Experiential Techniques for Moving Beyond "How Do You Feel?" - Laura: Stuck in Despair	Victor Yalom, PhD	1:23	469
	Experiential Techniques for Moving Beyond "How Do You Feel?" — Hamed: Prompting Self-Discovery	Victor Yalom, PhD	1:21	470
	Expressive Arts Therapy in Action	Natalie Rogers, PhD	2:34	205
	Freeing Ourselves from the Ghosts of Our Past	Monica McGoldrick, LCSW, PhD	0:27	424
	Getting Control of Yourself: Anger Management Tools and Techniques	Christian Conte, PhD	1:15	222
	Group Counseling with Adolescents: A Multicultural Approach	Sam Steen, PhD, & Sheri Bauman, PhD	6:25	259
	Group Therapy for Addictions: An Interpersonal Relapse Prevention Approach	Devin Ashwood & Tim Leighton	1:23	328
	Group Therapy: A Live Demonstration	Irvin Yalom, MD and Modyn Leszcz, MD	3:21	170
	Group Therapy: An Addictions Perspective	Allen Berger, PhD	0:49	419
	Guiding Pre-Teens in Career Exploration: A Creative Arts Approach	Natalya A. Lindo, PhD and Peggy Ceballos, PhD	2:11	460
	Heinz Kohut on Empathy in Psychotherapy	Heinz Kohut, MD	0:41	445
	Integrating Mindfulness into Counseling and Psychotherapy	Ronald D. Siegel, PsyD	3:11	306
	Interpersonal Psychotherapy: A Case of Postpartum Depression	Scott Stuart, MD	1:50	315
	Introducing Paradoxical Techniques to OCD Clients	Reid Wilson, PhD	0:25	436
	Inviting Racial Conversations into Therapy	Sam Steen, PhD and Joy Steen, MA	0:15	453
	Irvin Yalom on Grief, Loss, and Growing Old	Irvin Yalom, MD	1:13	462
	Irvin Yalom on Psychotherapy and Writing	Irvin Yalom, MD	1:00	299
	John Bowlby on Attachment and Psychotherapy	John Bowlby, MD	1:22	443
	Kings Park: Stories from an American Mental Institution	Lucy Winer	1:48	431
	Leading Counseling Groups with Adults: A Demonstration of the Art of Engagement	Ed Jacobs, PhD & Christine Schimmel, EdD	2:57	312
	Living with PTSD: Lessons for Partners, Friends, and Supporters	Frank Ochberg & Angie Panos, PhD	0:18	196
	Making Child Therapy Work	Robin Walker, MFT	1:35	211
	Managing Chronic Anxiety with Mindfulness	Ronald D. Siegel, PsyD	0:29	432
	Managing Weight Loss with Motivational Interviewing	Cathy Cole, LCSW	0:27	455
	Mindfulness Exercise for Chronic Pain	Ronald D. Siegel, PsyD	0:20	434
	Mindfulness Exercise for Substance Use	Devin Ashwood	0:20	457



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	Mindfulness for Life: An Interview with Jon Kabat-Zinn	Jon Kabat-Zinn, PhD	0:44	221
	Motivational Interviewing with a Defiant Teen	Sebastian Kaplan, PhD	0:24	456
	Multicultural Competence in Counseling & Psychotherapy	Derald Wing Sue, PhD	1:25	281
	Person-Centered Career Exploration with a Pre-Teen	Sam Steen, PhD	0:12	451
	Phil Zimbardo on the Stanford Prison Experiment, Evil and Heroism	Philip Zimbardo, PhD	1:36	309
	Power of 2 Marriage Skills Workshop	Susan Heitler, PhD and Abigail Hirsch, PhD	1:47	258
	Powerful Ideas for Developing Your Best Therapeutic Self	Victor Yalom, PhD	0:10	461
	Psychodrama Unmasked: Essential Tools and Techniques	Tobi Klein, MSW, MFT	1:22	218
	Psychotherapy for Chronic PTSD	Frank Ochberg, MD	2:48	197
	Racism, Family Secrets and the African American Experience	Monica McGoldrick, LCSW, PhD and Elaine Pinderhughes, MSW	0:35	423
	Recovering from an Affair: 6 Sessions of Couples Therapy	Richard Schwartz, PhD	5:32	268
	Resolving Trauma in Psychotherapy: A Somatic Approach	Peter Levine, PhD	3:20	123
	Robert Wallerstein: 65 Years at the Center of Psychoanalysis	Shelley Nathans, PhD	1:22	314
	Safety Planning with Suicidal Clients	John Sommers-Flanagan, PhD	0:12	439
	Salvador Minuchin on Family Therapy	Salvador Minuchin, MD and Jay Lappin, MSW, LCSW	1:22	185
	Scott Miller on Improving Psychotherapy Outcome	Scott Miller, PhD	1:14	411
	Society, Relationships, and Pleasure: An Interview with Dr. Carol Gilligan	Carol Gilligan, PhD	0:31	308
	Solution-Focused Techniques with a Child	Sam Steen, PhD	0:13	452
	Solution-Focused Techniques with a Pre-Teen	Sam Steen, PhD	0:12	450
	Survival from Domestic Violence: Stories of Hope and Healing	Angelea Panos, PhD	0:15	195
	Telehealth: Legal and Ethical Issues	Stephen Feldman, JD, PhD	0:14	441
	The Healing Power of Mindful Parenting	Jon Kabat-Zinn, PhD and Myla Kabat-Zinn, BSN, RN	1:55	220
	The Therapeutic Relationship, Individualized Treatment and Other Keys to Successful Psychotherapy	John C. Norcross, PhD	1:21	172
	Thomas Szasz on The Myth of Mental Illness	Thomas Szasz, MD	1:19	421



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Series Name	Name	Therapist	Time (hh:mm)	ID#
	Treating Anxiety Disorders: A Unified Protocol	David Barlow, PhD	2:25	418
	Tres Madres: Structural Therapy with an Anglo/Hispanic Family	Harry Aponte, LCSW	1:00	230
	Triangles and Family Therapy: Strategies and Solutions	Monica McGoldrick, LCSW, PhD	0:39	389
	Using a Mood Scale for Suicide Assessment	John Sommers-Flanagan, PhD	0:07	442
	Using Family Play Genograms in Psychotherapy	Monica McGoldrick, LCSW, PhD	0:22	388
	Viktor Frankl on The Search for Meaning	Viktor Frankl, MD	1:25	444
	William Miller on Motivational Interviewing	William R. Miller, PhD	1:00	202
	Working Online with Suicidal Clients in the Age of COVID	John Sommers-Flanagan, PhD	0:16	459
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